# TRAVEL & LIFESTYLE BLOG

# **RATE CARD**

## **BLOG POSTS**

I am open to visiting restaurants, wine estates, spas, hotels and guesthouses, ideally in the greater Cape Town area. If flights are included I will travel to just about anywhere! A review on my blog will be honest, unbiased and based on my personal experience. A positive review is not guaranteed.

#### RATES

R 1 500.00

This is a short duration event (i.e. not overnight) and may include hotel, restaurant and spa reviews, wine estate experiences, markets, live shows, product launches etc.	R 1 500.00
This is a long duration event and may include hotel, guesthouse, safari stays and spa reviews, adventure experiences etc.	R 3 000.00
SPONSORED POSTS	
Instagram Post	R 1 000.00
Instagram Story	R 500.00
Twitter Post	R 1 000.00
Facebook Post	R 1 000.00
Giveaway Post	R 1 500.00

Social Media/Influencer Campaigns - please contact me to discuss rates.

# WORKING WITH ME

Guest Post

I will be under no obligation to post about an event I have attended or a place I have visited, unless otherwise discussed or arranged. I will not send out advance copy of any review I am asked to do and the blog post release date is at my sole discretion.

All content on Living It Up CT is created by me, unless otherwise specified.

#### **PRESS/GIFT DROPS**

I will accept press drops on condition of prior arrangement. It would need to be in keeping with my brand and of interest to my readers.

#### ADVERTISING

I accept enquiries regarding advertising on my blog, but acceptance will be at my sole discretion and the space available can be negotiated. Please contact me to request rates.



## SOCIAL MEDIA PLATFORMS





#### @LivingItUpCT on all platforms

#### FEATURES, COLLABORATIONS AND CONTRIBUTIONS

I have worked on campaigns and written features for large Travel and Lifestyle brands such as Travelstart, Afristay, Ford SA, Samsung Mobile SA, Wesgro (Official Tourism, Trade & Investment Promotion Agency for Cape Town & Western Cape), African Extracts and the Reunion Island Tourism Board. I also collaborate with numerous Travel and Lifestyle bloggers.

Get more information https://www.livingitupct.com/featured/

#### **TARGET AUDIENCE**

Men and Women ages 25 – 55, mainly from South Africa, but with a worldwide reach.

My primary readership is from South Africa, followed by the USA and UK.

#### **TERMS & CONDITIONS**

- Rates and packages are negotiable.
- Payment is to be made in advance. VAT is not charged.
- Any work will be treated as confidential until posted on the blog.
- All copyright of content and photographs remains with Living It Up CT.
- All rates are subject to change without notice.
- Date of publishing will be at my discretion unless previously discussed.